# Nameless NewsLetter



October 2020

Alcoholics Anonymous Central Coast Central Office Intergroup Newsletter VOL 27 NO. 10



## Time for District 22 Service Nominations!

Every two years, positions on the District Committee change. That means if you want to be of service, these great opportunities will be available beginning January 1, 2021. Nominations will be accepted at this month's District GSR Zoom meeting on Service Sunday; **October 11, 2020 at 10:15**.

> Zoom I.D. is 810-2922-8696 Password is 451241

The District Committee consists of a DCM, ADCM, Registrar, Secretary, Treasurer, Chairpersons of the Standing Committees and GSRs.

**District Committee Member (DCM)**: The DCM is an essential link between the group's GSR and the area's Delegate to the General Service Conference. As leader of the District Committee, made up of all the GSR's in the District, the DCM is exposed to the group conscience of the District. The DCM has usually served as a GSR and is whom the GSR's wish to make responsible for their district activities. The following are recommended:

- 1. A background in AA service work that goes with GSR job;
- 2. Enough sobriety (4-5 years) to be eligible for election to Delegate;
- 3. The time and energy to serve the District well.

The AA Service Manual recommends that the DCM duties be spelled out in detail. Please attend the October meeting if interested.

Alternate District Committee Member (ADCM): In conjunction with the DCM, perform the same duties as the DCM and be fully capable of assuming the position of the DCM if, for some reason, the DCM is unable to serve. Arrange and conduct two semiannual District workshops.

**Registrar**: The Registrar gathers and compiles the necessary Group information for District 22. This information is delivered to the Area Registrar at Area Assemblies.

**Secretary**: Keeps accurate records of all the proceedings at the District Committee Meetings (meeting minutes) as well as any special meeting that may be called. Provides minutes of the previous District Committee meeting at all regular District Committee Meetings for review and approval. Is responsible for handling all official communications of the District in a timely manner.

**Treasurer**: Keeps accurate records of all the financial accounts of the District. Receives and deposits all monies received by the District. Pays all bills, prepares and presents monthly general financial reports and a yearly detailed financial report at the District Committee meetings.

**Standing Committees/Liaisons**: Perform all duties as outlined in the A.A. Service Manual. Current committees/liasons include but aren't limited to Grapevine, CPC/PI, Convention, H&I, and Intergroup.

#### Elections

- ☑ In November of even numbered years, the newly elected DCM shall appoint candidates to be District Registrar, Secretary, Treasurer, and Standing Committee Chairs.
- ☑ Upon appointment, the candidates shall present their qualifications and ability to serve the District well.
- ☑ The District Committee shall then confirm either yea or nay by a simple majority vote of those members present and eligible to vote at District Committee Meetings.
- $\square$  The term of office is two years to run concurrent with that of the DCM.
- ☑ District Registrar, Secretary, and Treasurer, Standing Committees/ Liaisons are suggested to have the same qualifications as GSR (two or three years of sobriety and active in a home group)

#### Questions? Contact DCM Paul L. (kayakbear@charter.net)

## **October**: *Tatience*

#### Step 10

Continued to take personal inventory and when we were wrong promptly admitted it.

#### **Tradition 10**

Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

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Name

Ellen S.

Doug E.

Joan S.

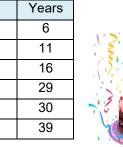
Valerie H.

Wayne N.

Johnny O.



## **Sobriety Birthdays**



If you'd like to celebrate your sobriety birthday with us in the Nameless Newsletter send details to: NNLEditor@sloaa.org or send a donation (suggested \$1.00 per year of sobriety) in a birthday envelope and mark the box if you'd like us to include it in the newsletter!

#### **\*\*MEETING DIRECTORY CHANGES**\*\*

- List of Face to Face meetings
- List of ONLINE meetings
  - ☑ Options meeting in Del Mar Park (MB)
  - ☑ ABC group is meeting live 7a, 12p and 5:30p, masks are optional (PR)
  - Pioneer Group has live meetings with masks available (SLO)
  - ☑ New Serenity group has moved to 555 S 13th St, (GB)
  - ☑ Atascadero Friday Night group has changed from 7p to 6p

#### How to submit changes to our Directory

- 1. Call Central Office (805-541-3211) and relay the change info to the volunteer
- 2. Email the change info to: communications@sloaa.org
- 3. Access the meeting change form online at https://www.sloaa.org

## 7TH TRADITION MAILING LIST for GROUP TREASURERS

(Donations)

**General Service Office (GSO)** P.O. Box 459 New York, NY. 10163-0459

> Area 93 PMB #140606 606 Alamo Pintado #3 Solvang, Ca. 93463

District 22 P.O. Box 1891 San Luis Obispo, CA. 93406

**Central Office Intergroup (CCCOI)** P.O. Box 12737 San Luis Obispo, CA, 93406 VENMO @slocentraloffice

Hospitals and Institutions (H&I) P.O. Box 12737 San Luis Obispo, CA. 93406



## UPCOMING EVENTS

#### October 3, 2020 8:00 PM

KEEP IT SOUTH COUNTY SPEAKER MEETING • Main Speaker: Karl M, Covina • 15 Minute: Andrea W., Los Osos • September Birthday's Commitment Service Meeting @ 6:45PM All are welcome!

Zoom ID: 945 645 5808

October 2, 2020 - October 4, 2020 Willing to go to any Length Parker, South Dakota Area 63 Fall Convention

November 13, 2020 - November 14, 2020 A Vision for You 14<sup>th</sup> Annual Waves Roundup Cape Atlantica https://www.wavesroundup.net/

## New GSO online contributions experience launches September 9, 2020

Following is a letter to the Fellowship from the General Manager of the General Service Office (GSO).

#### Dear A.A. friends,

We are very pleased to announce the launch of a newly redesigned online contributions experience available to all groups and members in the United States and Canada on Wednesday, September 9, 2020.

This new redesign comes with significant improvements. Working in tandem with the team of experts assisting us with our webstore, we have created what we hope is an experience that is appealing and inviting to use for all contributors.

Our hope is to provide the most accessible and streamlined experience possible on all web-ready devices, including the ability to contribute without registering for an account and to receive instant email acknowledgments. For members who choose to register an account, both their contribution and webstore details will be available in one unified view.

We deeply thank you for your continued support and invite you to visit the new online contributions experience by visiting <u>contribution.aa.org</u>.

With all best A.A. wishes and sincere gratitude,

*9.* Greg T. General Manager

## Step 12... Carry the Message

*Tell us your Story*... Share your experience, strength and hope as a recovering alcoholic by sending it in your own words to nnleditor@sloaa.org (@ 650 words)

#### **Curbside Literature Pickup Available**

*Central Office is selling pre-ordered literature with curbside pickup Mondays and Saturdays from 1-4pm* 

You must be able to order and pick up the same day. The books will be brought to the front door as the *office is not open at this time.* 

#### Steps to order and pick up books:

- Call Central Office on the day you want to pick the books up (805) 541-3211 between 12 noon and 4 PM and place your order.
- 2. You will be told the amount you owe.
- 3. Bring the exact amount, as we cannot make change at this time. Checks (made out to CCCOI) and cash are accepted.
- 4. Pay for and pick up your books at 1333 Van Beurden Drive, Los Osos by 4 PM. We will bring them to the door. Van Beurden Dr. is located where South Bay Blvd and Los Osos Valley Road meet.
- If you would like any FREE Newcomer Packets, Meeting in a Pocket, or Birthday Contribution Envelopes (limited to 5 each) – please let us know when you place your order.

#### Thank you for your cooperation.



#### AAWS Continues to Process Literature Please contact the Order Department at 212-870-3312 or email <u>orders@aa.org</u> or visit the online store at <u>https://onlineliterature.aa.org</u>

### Accessibilities Call for Stories

A.A. for the Older Alcoholic 2020

Alcoholics Anonymous®

#### **General Service Office of Alcoholics Anonymous**

www.aa.org

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

Please direct all P.O. Box 459 Grand Central Statior New York, NY 10163 Fax: (212) 870-3003

Date: August 20, 2020

To: General Service Conference Members, Accessibilities Committee chairs. Cooperation with the Elder Community Committee chairs From: Irene D., secretary, trustees' Cooperation with the Professional

Community/Treatment and Accessibilities Committee Reopening of call for stories to update the pamphlet "A.A. for the Older Re: Alcoholic"

MEMORANDUM

The Conference Treatment and Accessibilities committee reviewed the progress report on updating the pamphlet "A.A. for the Older Alcoholic." The committee noted that the submitted stories did not indicate a broad and diverse representation of A.A. experience and suggested a reopened call for stories based on the following experiences provided by trustees' C.P.C./Treatment and Accessibilities Committees:

- · Ethnic, cultural and LGBTQ communities
- · Lifestyle diversity
- · Got sober later in life
- · Veterans from the Vietnam War or later
- Hearing loss or mobility issues
- · Online or telephone A.A. meetings
- · Dementia or Alzheimer mental health issues
- · Spiritual pathways

Typed manuscripts should be 500-800 words, double spaced, in 12-point font. Handwritten manuscripts should be approximately 5 to 6 pages. Please include your complete name, address and email/phone information. The anonymity of all authors will be observed, whether or not their story is selected for publication.

Please email your sharing to: access@aa.org and type "A.A. for the Older Alcoholic" in the subject line of the message. Or, you may mail your sharing to: Access Assignment, General Service Office, Box 459, Grand Central Station, New York, NY 10163.

The deadline for submissions is December 15, 2020.





### **CCCOI Service Opportunities**

#### **Board of Directors Nominations**

Turns out the month of October has Service Opportunities for our Central **Office/Intergroup Board of Directors!** 

There are 2 Board members rotating out this December. The way it works is that nominations will be entertained for two vacant Board positions. Who fills which position will be determined in January 2021 by the board at the Board Meeting held the first Wednesday of each month at 5:30 pm.

If interested in a CCCOI Board position, please attend via Zoom either the October Wednesday 10/7/20 5:30pm Board (Meeting ID: 411 867 015 Password: 539848) and/or Sunday 10/11/20 8:45am COR (Meeting ID: 676 772 528 Password: 817218 ) meeting this month from the comfort of your own home.

Board positions include:

Chair, Vice Chair, Treasurer, Secretary, Literature Chair, Communications Chair and Member at Large. This is a 2-4 year commitment for AA members in good standing.

#### VOLUNTEER OPPORTUNITIES

Office Volunteer (currently calls are forwarded to the volunteer's home, but in the future the volunteer would answer the phones in the office and process literature sales)

Call Forwarding Volunteer (Calls to be forwarded to the volunteers' home)

Please email our volunteer coordinator Chad at chad@payatech.com if interested

We want the hand of A.A. **ALWAYS to be there!** 

